



# Spa Menu

Noora Spa Unwind your sense  
in our mystical retreat



OPREATING HOURS 09.00 AM - 06.00 PM

**Marrakesh Hua Hin Resort & Spa**

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# Spa Manu

NOORA Spa Unwind your sense in our mystical retreat.....!

Open daily 09.00 a.m. - 06.00 p.m.

## NOORA spa

its name from Arabic wording which mean illumination

The creation was inspired to create that very experience for all of its customers as

it exceeds your expectations and offers a delightful feeling of peace and tranquili-

ty deep within the inner self. Art is the defining aspect of the architecture, which

has been designed to create a light moods and a perfect touch of our spa

therapists NOORA is designed in a contemporary Morocco style and charming

experiences of the "Pink city" our spa highlight are part of the Morocco heritage

with a signature massage by a warm candle from the legend of Indian traditional.

Our full services are designed to take you beyond pampering, with a well trained

staff is what ensure that each guest that walks through our doors receives very

own personalized treatments and that every encounter is devoted to deeper

relaxation and absolute bliss.

## Signature Therapy

### THE CHARMING SECRET

3.5 HRS.

Our secret recipes blend of **Mint Tea Body Scrub (40 min)** and **Red Clay Body Wrap (30 min)** to stimulate the lymphatic system and eliminate toxins your skin followed by **Red Wine Bath (20 min)** and deeply relaxing with our **Aromatherapy Massage (60 min)** complete your perfect holiday with a **Deep Cleansing Facial Treatment (60 min)** truly your skin fresh and radiant.

THB 5,200 net.  
(Single)

THB 8,800 net.  
(Couple)

### MOROCCAN DELIGHT

2 HRS.

Feels an experience a unique skin care treatment from **Morocco**, starting from **Black Soap Body Scrub (45 min.)** to peel of your dead skin cell and follow by the **Marrakesh Signature Massage with Argan oil (75 min.)**, Argan oil is a liquid gold in **Morocco** and good for skin nourishing, smoothing and healthy.

THB 3,000 net.  
(Single)

THB 5,200 net.  
(Couple)

## Thalassotherapy

### A BLISSFUL DAY

2.5 HRS.

Pamper your body and mind with this exclusive 100% natural spa experience, starting with body scrub from **Pure flower salt and Rose tea Body Scrub (30 min)** to help anti-bacterial, restore radiance and smooth skin, followed by a relaxing **Sea and Tea Milky Bath (30 min)**, completing with **Deep Muscular Massage (90 min.)** perfect to release muscle tension.

THB 5,200 net.  
(Single)

THB 8,800 net.  
(Couple)

THB 2,500 net.  
(Single)

THB 4,200 net.  
(Couple)

### INSTANT CALM

1.5 HRS.

Soothe away the stress of daily life with specially designed balancing treatment, this treatment begins with **Flower salt and Rose tea Body Scrub (45 min)** help to anti-bacterial, restore radiance and smooth skin, followed by **Dead Sea Body Mud Wrap (45 min.)** perfect for relaxing and detox skin.

## Relaxing Therapy

### PERFECT HARMONY

2.5 HRS.

The treatment begins with **Red Clay Body Wrap (30 min)** that helps enhance circulation system, followed by **Aromatherapy Massage (60 min)** perfect to release muscle tension before completing your spa journey with our **Rejuvenating Facial Treatment (60 min)**

THB 3,800 net.  
(Single)

THB 6,200 net.  
(Couple)

THB 2,800 net.  
(Single)

THB 4,600 net.  
(Couple)

### TOUCH OF LIGHT

2 HRS.

Most popular treatment that starting with a choice of **Body scrub (40 min)** and a total relaxing with a full body massage from your selection **(75 min)**



# The Ultimate Well-Being Program

We would like to invite you to take a journey to serenity...A healthy body is achieved not only with physical well-being but also with a healthy mental and spiritual attitude. Noora spa has developed this holistic program that enables to re-energizer of body mind and soul.

## 1. DE-STRESSING RETREAT 2 DAY THB 4,500 NET.

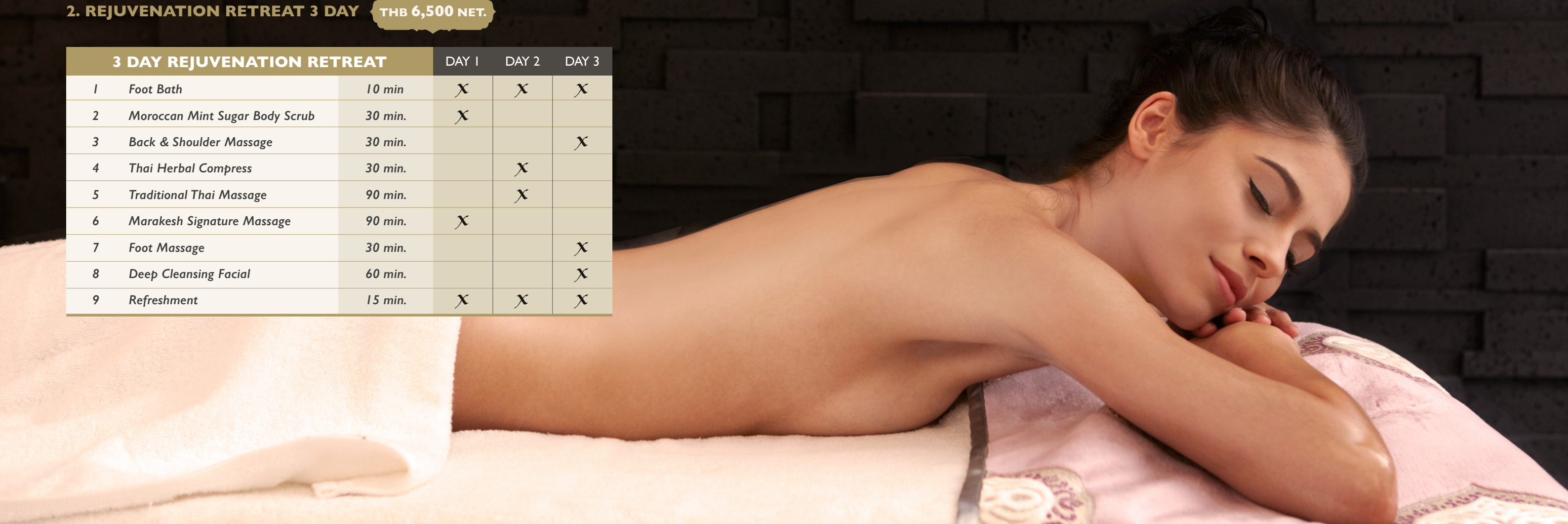
2 DAY PROGRAMMES			DAY 1	DAY 2
1	Foot Bath	10 min.	X	X
2	Jasmin Rice Body Scrub	30 min.	X	
3	Back & Shoulder Massage	30 min.	X	
4	Thai Herbal Compress	30 min.		X
5	Traditional Thai Massage	90 min.		X
6	Aromatherapy Massage	60 min.	X	
7	Refreshment	15 min.	X	X

## 2. REJUVENATION RETREAT 3 DAY THB 6,500 NET.

3 DAY REJUVENATION RETREAT			DAY 1	DAY 2	DAY 3
1	Foot Bath	10 min	X	X	X
2	Moroccan Mint Sugar Body Scrub	30 min.	X		
3	Back & Shoulder Massage	30 min.			X
4	Thai Herbal Compress	30 min.		X	
5	Traditional Thai Massage	90 min.		X	
6	Marakesh Signature Massage	90 min.	X		
7	Foot Massage	30 min.			X
8	Deep Cleansing Facial	60 min.			X
9	Refreshment	15 min.	X	X	X

## 3. WELL-BEING RETREAT 5 DAY THB 9,500 NET.

2 DAY PROGRAMMES			DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
1	Foot Bath	10 min	X	X	X	X	X
2	Refreshing Tea Bath	30 min.			X		
3	Foot Massage	30 min.				X	
4	Back & Shoulder Massage	30 min.		X			
5	Black Soap Body Scrub	30 min.	X				
6	Siamese Herbal Mud Wrap	30 min.					X
7	Thai Massage	60 min.			X		
8	Aromatherapy Massage	60 min.	X				
9	Deep Cleansing Facial	60 min.					X
10	Cooking Class	60 min.				X	
11	Yoga Class	60 min.		X			
12	Refreshment	15 min	X	X	X	X	X





# Body Massage

## MARRAKESH SIGNATURE MASSAGE WITH ARGAN OIL

Asian blend massage therapy with a focus on areas of the body that require more attention. Perfect for release muscular tension example neck, shoulder and lower back tightness. The Argan oil is use for full body massage to create softness and shine brightly for your skin. It's truly unique experience of a luxurious massage.

90 min  
THB 2,500 net.

## AROMATHERAPY MASSAGE

Reconnect your body, mind and soul including pain and anxiety reduction, enhancement of energy and short-term memory by using slow flowing movements to gently lull your body and senses into a greater state of relaxation.

60 min  
THB 1,700 net.

THB 2,000 net.  
90 min

## DEEP MUSCULAR MASSAGE

A deep pressure massage is focuses on individual muscle groups and increase joints flexibility that is done by applying pressure techniques to various body points along energy pathways. Ideal for those who suffer from insomnia, stress emotion, tense muscles or arthritic conditions.

60 min  
THB 1,700 net.

THB 2,000 net.  
90 min

## THAI MASSAGE

A Thai Massage therapy from ancient way to stimulate energy flow by using stretching and pressure point techniques to reduce stress and relieve muscle tension. Comfortable with loose fitting pants and top is essential for this exquisitely traditional dry massage.

60 min  
THB 1,500 net.

THB 1,800 net.  
90 min

## INDIAN HEAD MASSAGE

Indian head massage is based on the Ayurvedic system of healing which has been practiced in India for over a thousand years. Indian head massage is especially good for relieving stress, tension, fatigue, insomnia, headaches and migraine. Clients report that the experience is deeply calming and relaxing, leaving your feeling energized and revitalized and better able to concentrate.

45 min  
THB 1,200 net.

## TENSION RELEASE MASSAGE

An excellent treatment for relieving tension and stress in the head, neck and shoulder areas an incredibly relaxing and restorative therapy.

45 min  
THB 1,200 net.

## RELAXING FOOT MASSAGE

Indulge in a luxury relaxing foot massage. This treatment is designed to give those areas of the body that receive punishment every day some much deserved attention. This will relieve stress and bring balance to the body.

45 min  
THB 1,200 net.

# Body Treatment

## Body Scrub

### BLACK SOAP BODY SCRUB

Organic Spa product from Morocco. Take of your dead skin and increase blood and lymphatic circulation with black soap combination of Olive Oil, Argan Oil and Eucalyptus Oil.

45 min  
THB 2,000 net.

### SEA AND TEA BODY SCRUB

Vitamin enriched plant oil, dead sea salts, organic Rose tea and minerals rich in anti-oxidants are lightly massaged over your body to exfoliate dry skin bringing back its own luster.

45 min  
THB 1,500 net.

### MOROCCAN MINT SUGAR BODY SCRUB

A great benefit of Moroccan mint sugar is a rich lathering body scrub with organic extracts and essential oils infused into a glycerin and shea butter base that cleans refreshes while apricot seeds and jojoba esters exfoliate creating clean smooth skin.

45 min  
THB 1,500 net.

### JASMINE RICE BODY SCRUB

A treatment blended with jasmine rice extract and rice bran oil which is high in Vitamin B, proteins and minerals. It uses a special formula of natural broken raw jasmine rice, carrying antioxidant agent and natural vitamins, to remove dead cells without irritation, and also hydrates and nourishes the skin.

45 min  
THB 1,500 net.

### SIAMESE HERBAL MUD WRAP

A thermal body wrap combining Thai herbs and dead sea mud to stimulate the lymphatic system and help eliminate toxins. This warm and relaxing treatment will help to balance your body's energy.

45 min  
THB 1,500 net.

### RED CLAY BODY WRAP

A traditional Moroccan mask is gentle clay, making it suitable for sensitive skin. It helps stimulate circulation to the skin while gently exfoliating and cleansing it. This product is mineral rich, reddish clay that blends extremely well with water making its application to the skin a smooth and delightful experience.

45 min  
THB 1,500 net.

### SUN SOOTHING BODY WRAP

The Aloe Vera Body Wrap removes toxins and impurities as it Tightens, Smoothed and Contours. With its healing properties, Aloe aids in assimilation, circulation and elimination, improves skin tone, softens and smoothies the skin.

45 min  
THB 1,500 net.



## Facial Treatment

### REJUVENATE TREATMENT

A purifying treatment for all skin types which includes a gentle exfoliation to remove dull skin cells, luxurious massage, deep-cleansing masque with botanical extracts to rejuvenate and nourish the skin.

60 min  
THB 2,400 net.



### DEEP CLEANSING TREATMENT

To provide a complete cleansing with exfoliation followed by a gentle face massage and detoxifying mask customized to your skin's needs. Designed to remove impurities from the skin. Excellent for all skin type.

### ORIENTAL RADIANT TREATMENT

Relaxing facial customized for any skin type, this facial used powerful herbal antioxidants and natural nutrients to address skin texture. A lymphatic facial massage is administered to improve blood circulation and help achieve firmer skin.

60 min  
THB 2,000 net.



## Hydro Treatment

### BOTANICAL MILKY BATH

A sweet dreams bath journey to calm the senses and promote deeper relaxation, indulge in a luxurious botanical milk bath infused with calming blends of Jasmine, Lavender and Sandalwood to alleviate stress that can keep you from falling asleep.

30 min  
THB 600 net.



### REFRESHING TEA BATH

Melt your stress away, indulge in a bath infused with refreshing blends of citrus zest, lime, with detoxifying green tea leaves to cleanse the mind and body, leaving you an exquisitely rejuvenated spirit.

### ROMANTIC RED WINE BATH

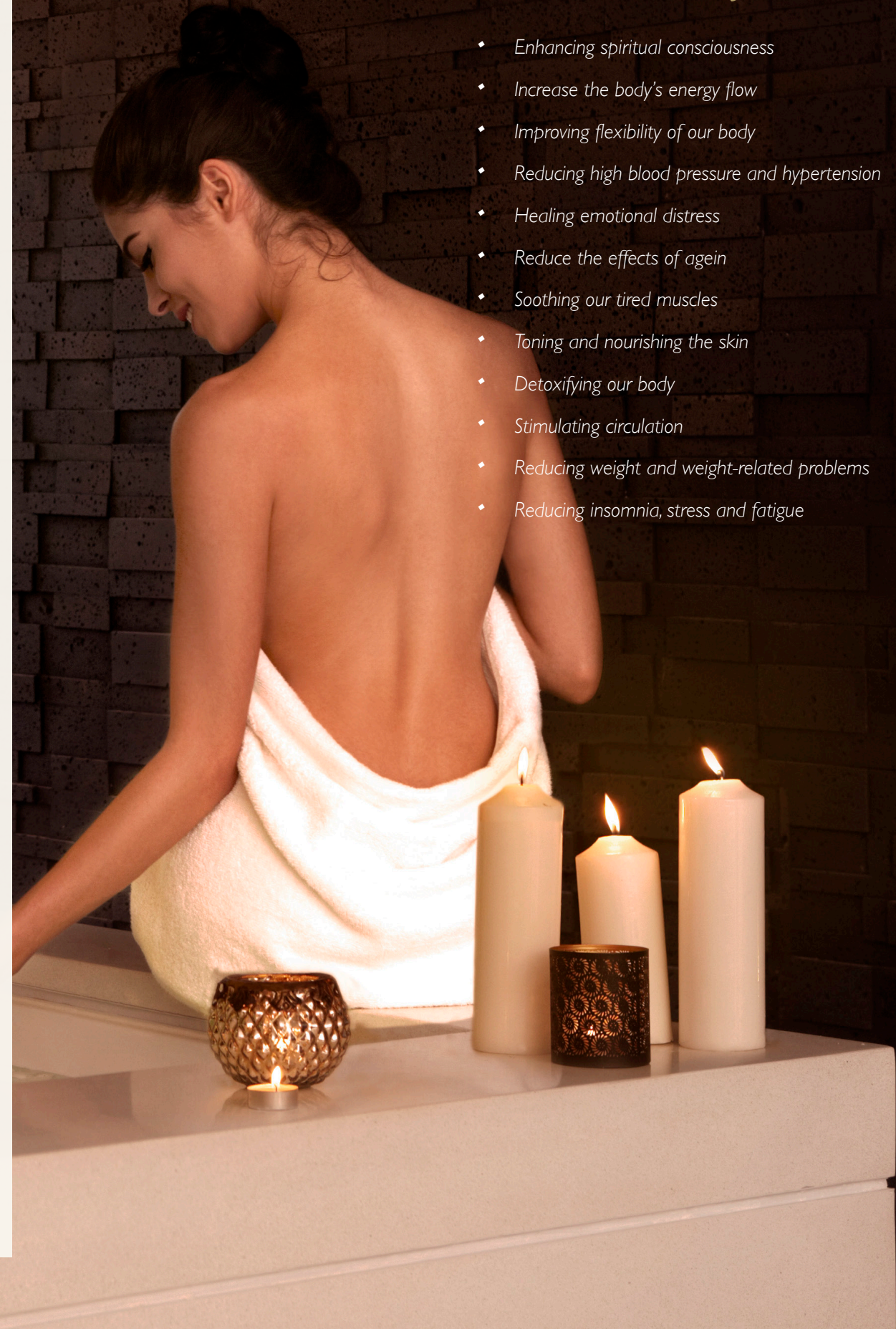
Enjoy this private escape of Red wine bath that stimulating and anti-oxidant treatment which leave your feeling of indulgence and pampering.

30 min  
THB 600 net.



## Benefit of Spa Treatment

- ♦ Enhancing spiritual consciousness
- ♦ Increase the body's energy flow
- ♦ Improving flexibility of our body
- ♦ Reducing high blood pressure and hypertension
- ♦ Healing emotional distress
- ♦ Reduce the effects of ageing
- ♦ Soothing our tired muscles
- ♦ Toning and nourishing the skin
- ♦ Detoxifying our body
- ♦ Stimulating circulation
- ♦ Reducing weight and weight-related problems
- ♦ Reducing insomnia, stress and fatigue





# Noora Etiquette

## **WHEN SHOULD I ARRIVE FOR MY TREATMENT?**

We recommended that your arrival at the NOORA Spa 15 minutes prior to your scheduled appointment unfortunately, late arrivals may not receive an extension of scheduled treatments, so as not to inconvenience other spa guests.

## **WHAT IF I NEED TO CANCEL MY TREATMENTS?**

We understand that sometimes you may need to change your schedule. Because your spa appointments are reserved especially for you, please let us know of any change to your schedule at last 4 hours before your treatment time; otherwise a charge equal to 50% of your treatment fee will apply.

## **WHAT SHOULD I WEAR?**

When coming to the spa, please feel free to wear whatever you feel comfortable in. A robe and slippers will be provided for you.

## **MAY I BRING MY VALUABLES?**

It is recommended that they are not brought with you, as all jewelry needs to be removed prior to spa treatments. No responsibility will be taken by the spa for any loss of valuables.

## **WHAT IF I HAVE SPECIAL HEALTH CONSIDERATIONS?**

Please notify us if you are pregnant, or if you have any concerns regarding your health or body. We recommend that alcohol not be consumed before, during or immediately after your spa treatments.

## **MAY I BRING MY CHILD TO THE SPA?**

Children must be supervised. We strive to create a relaxing and enjoyable environment for everyone's comfort and privacy, no children under 9 are allowed in the Spa (all treatment rooms).

## **MAY I USE MY CELL PHONE WHILE IN THE SPA?**

Our Spa environment is one of relaxation and tranquility. Please respect all Spa guests' right to privacy and serenity. In light of this, please turn off your mobile phone, pagers, and handheld devices. Also, smoking is not allowed.

